

Section: Division of Nursing
Approval: _____

PROCEDURE

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HACKETTSTOWN REGIONAL MEDICAL CENTER

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MATERNAL SERVICES
(Scope)

TITLE: PARACERVICAL BLOCK ANESTHESIA

PURPOSE: To outline procedure for administration of paracervical block anesthesia which is used to provide relief of labor discomfort once cervix is at least 2-4cm dilated and the patient is in active labor.

- EQUIPMENT LIST:**
1. Sterile gloves in provider proper size
 2. Local anesthetic of provider's choice.
 3. Paracervical set containing 10cc syringe, needle, guide, towel and sterile metal bowl, or disposable paracervical set.
 4. Povidone-iodine solution
 5. Disposable underpad

CONTENT:	PROCEDURE STEPS:	KEY POINTS:
	1. Provider explains procedure to patient.	
	2. Assemble equipment needed.	
	3. Assist patient into position; assist patient to place her feet into the foot supports.	Patient will be supine with feet supported, knees flexed, and dorsally rotated when in optimum position.
	4. While the provider puts on the sterile gloves, open the sterile paracervical tray or set, using aseptic technique.	
	5. Pour the anesthetic into the sterile bowl.	
	6. Cleanse the perineal area with Povidone-iodine solution.	Provider may wish to place sterile towel under patient's buttocks.
	7. Assist as needed during the procedure.	Provide emotional support. Procedure may be uncomfortable.
	8. Reposition patient onto her side after procedure is done. Reposition fetal monitor as needed to obtain accurate tracing.	Fetal bradycardia may be associated with this procedure which is usually alleviated with maternal repositioning and increased IV fluids.
	9. After procedure is done discard disposable set.	
	10. Charge for paracervical block set on Childbirth Family Center charge slip.	If more than one paracervical block set is used, charge on slip should be doubled; i.e., two sets used.

DOCUMENTATION: Chart procedure on the QS notes , including type of anesthetic used. Also chart fetal response, any nursing intervention, maternal response; i.e., pain relief obtained.